

SAFE ROUTES CURRICULUM GUIDE

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**SAFE ROUTES
TO SCHOOLS**
MARIN COUNTY

GRADE 2

LESSON 1

Time: One Class Period

STOP! LOOK! LISTEN!



is a lesson addressing the tendency of children to “dart out” into traffic, the behavior which statistically causes the greatest number of injuries for child pedestrians. The lesson uses direct instruction, and a short movie with a message from ASIMO, the world’s most advanced humanoid walking robot!! Children will learn to stop at every edge, look left, right, then left again, listen for cars and only cross if it’s clear.

LESSON 2

Time: One Class Period

WALK AROUND THE BLOCK



is the follow up activity to the classroom lesson Stop, Look and Listen which gives students a real world exercise in safe street crossings. A route through the neighborhood adjacent to the school is mapped in advance. The objective is to give students the opportunity to practice safe street crossings under the variety of circumstances covered in the classroom lesson, such as crossing from in between parked cars.

GRADE 4

SESSION 1

Time: One Class Period

HELMET SAFETY



is a demonstration-based lesson which teaches how a helmet works and proper helmet fit. The lesson uses the “egg drop” method of showing the effectiveness of a helmet and the short video documentary, Travis’s Story to illustrate what can happen if you don’t wear a helmet. This class encourages students to learn from each other through a process of sharing personal stories.

SESSION 2

Time: One Class Period

THE TRAFFIC SAFETY GAME SHOW



is an exciting, interactive class based on the TV game show format, with three different categories: Walk this Way, Rules of the Road, and Safe Cycling. Questions cover safe walking and biking behavior and traffic laws.

SESSION 3

Time: One Hour

WHEELS IN MOTION (FORMERLY BIKE SAFETY RODEO)



Outdoor class conducted at your school that combines activities to practice balance, control and simulated traffic situations. The principal course is Safetyville, which simulates on street riding, practicing actual traffic situations.

To schedule classes & to learn more please contact: Peggy Clark 415-456-3469, ext 8#, peggy@marinbike.org

ADDITIONAL CLASSES



Time: One Class Period

SAFETY ART



prepares children for International Walk to School Day. The lesson reviews the four most fantastic reasons to walk and ride and the six simple steps to staying safe. The children make large banners to place at staging areas and in front of schools and picket style signs for children

to carry. Making these signs gets kids excited about the event and equips them with a device which makes them more visible.

Time: One Class Period

PEDAL POWER ASSEMBLY

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Pedal Power is a humorous, interactive assembly program that teaches elementary school students about the benefits of walking or biking as primary means of kid transportation. Pedal power motivates children to make the choice to walk or roll rather than to ride in cars by promoting positive attitudes about biking; biking is fun and it's "cool", with a featured song written by Tim Cain especially for SR2S. The assembly program is most suitable for K - 4th graders and is presented by students from your school and Safe Routes to Schools instructors. For an additional fee, Tim Cain will come and perform in person.

Grades K and 1

Time: One Class Period

FAMILY MOUSE BEHIND THE WHEEL

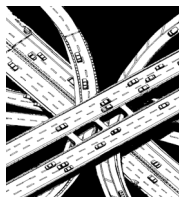


is a fable with an environmental message. When the forest creatures vote to develop their home in the name of progress they wind up in gridlock. They learn their lesson though, and abandon their automobiles in favor of preserving their forest home in its natural state.

Grades 5 and 6.

Time: One Class Period

GREENHOUSE IN A BOTTLE



is a hands-on science project or can be set up as a demonstration. Students work in teams to simulate the earth's environment; doing a comparison and contrast of a pre and post-greenhouse atmosphere. After the class sets up the experiment, while waiting for the results, we have an opportunity to discuss how cars and non-renewable energy affects the environment.



Marin's Transportation Sales Tax